

Break the Cycle: Hazing Prevention Bingo



Instructions for Participants

- Visit our table, pick up a bingo card, and complete five tasks in a row (across, down, or diagonal) to get BINGO!
- For each square, either answer a question, complete an action, or share your thoughts with a facilitator or someone at the table.
- When you get a BINGO, win a prize (School Swag, sticker, wristband, snack, etc.) and walk away with tools and awareness to prevent hazing!

B	I	N	G	O
Define "hazing" in your own words.	Identify a red flag behavior that may indicate that a person has experienced hazing.	What is one way you could take action against hazing?	Look up your campus on HazingInfo.org and find your campus's hazing policy and transparency report.	Whose responsibility is it to prevent hazing?
Name one myth about hazing.	What's one potential consequence of hazing?	Share one healthy team-building activity.	True or False: "Hazing only occurs in fraternities and sororities."	What's the difference between hazing and bullying?
Take a selfie with our table and tag us & StopHazing (@stop.hazing).	Describe a tradition or team-bonding activity that you love.	FREE SPACE	What is one resource that can support people who have been hazed?	Share an example of a hazing behavior.
What's one question you should ask when joining a group?	Who might you talk to about hazing?	Write one reason people don't report hazing.	List a hazing law (state or federal).	Take the pledge  against hazing.
Name something that signifies a healthy group dynamic.	What is one potential mental health impact of being hazed?	What is one potential physical impact of being hazed?	Name one thing you can do to support a friend who tells you they are being hazed.	What is one question you have about hazing?

Facilitator Guide & Example Answers

These example answers are provided to help you guide conversations and clarify concepts as participants complete each BINGO square. They are not meant to be the only correct answers, but rather conversation starters for hazing prevention.

This is not a quiz! This is an opportunity to educate, empower, and connect:

- Use these examples to prompt deeper discussion.
- Encourage students to share their own ideas and experiences.
- Validate responses and gently correct any misconceptions/misinformation.
- When relevant, tie responses back to your institution's hazing policy, reporting avenues, and available support resources.

B-

1. Define "hazing" in your own words.
 - a. Your students' definitions may differ. Stophazing defines Hazing as "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them, regardless of a person's willingness to participate."
 - b. Be familiar with your campus policy definition of hazing.
2. Name one myth about hazing.
 - a. Students may offer a variety of responses. If they get stuck, refer them to the "Myth vs Reality" infographic or provide example scenarios to help guide their thinking. [StopHazing's NHAW 2024 Social Media Graphics](#)
3. Take a selfie with our table and tag us.
 - a. Insert your Instagram handle + @stop.hazing
4. What's one question to ask when joining a group?
 - a. Review our resource, "Joining a Club, Team, or Organization," for sample questions to ask students and key things to look out for when evaluating group culture and safety. <https://stophazing.org/wp-content/uploads/2024/02/Joining-a-club-team-organization-Questions-to-Ask-Resource.pdf>
5. Name one sign that indicates a healthy group dynamic.
 - a. Review our one-pager, "10 Signs of Healthy & Unhealthy Groups", to reference healthy signs that reflect positive group environments. <https://stophazing.org/wp-content/uploads/2024/01/StopHazing-10-Signs-Sheets.pdf>

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1. Identify a red flag behavior.
 - a. Review our resource, "How to Identify Hazing," for examples of common red flags and warning signs to watch for. <https://stophazing.org/wp-content/uploads/2021/09/13x19-Red-Flags-of-Hazing.png>
2. What's one consequence of hazing?
 - a. For example: Legal consequences, on-campus sanctions, disciplinary actions, physical, mental, and emotional health impacts.

3. Describe a tradition or team-bonding activity that you love.
 - a. Students will share examples of a tradition or team-building activity they enjoy.
4. Who can you talk to about hazing?
 - a. For example: On-campus reporting options, professional staff, advisors, support options, and other available avenues. Students also often talk to their family members and peers.
5. What is one mental health impact of being hazed?
 - a. Check out our “Mental Health and Hazing” resource to learn about the impact of hazing on the 8 Dimensions of Wellness. <https://stophazing.org/wp-content/uploads/2025/08/Mental-Health-and-Hazing-HAZING-Film-Addendum-July-2025.pdf>

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1. What is one way to take action against hazing?
 - a. Review our resource, “Bystander Intervention for Hazing Prevention Guide,” for examples of ways individuals can take steps to prevent hazing. https://stophazing.org/wp-content/uploads/2024/11/Bystander-Intervention-Guide_2024.pdf
2. Share one healthy team-building activity.
 - a. Check out our “So What is Hazing?” infographic for ways to build healthy groups & teams. <https://stophazing.org/wp-content/uploads/2021/09/13x19-Hazing-Infographic-Generic.png>
3. FREE
4. Write one potential reason people don't report hazing.
 - a. For example: fear of losing friends, belief that hazing is a rite of passage, uncertainty about what hazing is, desire to protect their organization or friends, fear of institutional or legal consequences, fear of getting in trouble.
5. What is one potential physical impact of being hazed?
 - a. Check out “Mental Health and Hazing” and learn about the impact of hazing on the 8 Dimensions of Wellness. <https://stophazing.org/wp-content/uploads/2025/08/Mental-Health-and-Hazing-HAZING-Film-Addendum-July-2025.pdf>

G-

1. Look up your campus on HazingInfo.org and find your campus's hazing policy and transparency report.
 - a. You can use HazingInfo.org to look up your campus hazing policy and transparency report.
2. True or False: “Hazing only occurs in fraternities and sororities.”
 - a. False. While commonly associated with college fraternities, hazing happens in many different places. Incidents of hazing occur in many types of clubs, organizations, and teams and in diverse settings including middle and high schools, colleges and universities, the military, and workplaces. Hazing is documented beyond postsecondary institutions.
3. Share a resource to support people who have been hazed.
 - a. For example: Counseling Center, Dean of Students, Student Conduct, Fraternity and Sorority Life office/Student Activities, Student Legal
4. List a hazing law (state or federal).
 - a. Go to <https://stophazing.org/policy/state-laws/> and learn more about your state's hazing law and the federal Stop Campus Hazing Act.
5. Name one thing you can do to support a friend who tells you they are being hazed.
 - a. For example: Listen and believe them, Offer campus resources, Help them explore reporting options.

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1. Whose responsibility is it to prevent hazing?
 - a. Everyone's. To learn more about your role in bystander intervention, check out "Don't Wait, Act Now". <https://stophazing.org/wp-content/uploads/2023/05/Hazing-Prevention-Bystander-Intervention-Poster-36-%C3%97-24-in-1024x683.png>
2. What's the difference between hazing and bullying?
 - a. Use our "Hazing vs Bullying" infographic to learn about the differences. <https://stophazing.org/wp-content/uploads/2022/08/Hazing-vs.-Bullying-Infographic-1.pdf>
3. Share an example of a hazing behavior.
 - a. The Spectrum of Hazing graphic is a great resource to help students identify a wide range of behaviors that fit the definition of hazing. Citation: (Allan, 2005; Allan & Kerschner, 2020; Adapted from Bringing in the Bystander)
4. Take the pledge against hazing.
 - a. Scan the QR code to pledge your commitment to ending hazing.
5. What is one question you have about hazing?
 - a. Use this as an opportunity to spark a deeper conversation about what hazing is, why it happens, and how we can prevent it!